

How to prepare for your tattoo appointment

we take all steps possible to ensure you're going to love your tattoo, from our years of establishing technique and skill to the products and equipment we use; however, you can help your artist to achieve the very best result for your tattoo by following our preparation guidelines.

Moisturize weeks in advance

it's important to care for your skin but especially in the run up to a tattoo appointment, using a good quality moisturizer (we recommend a coco butter or Aveeno cream) every day at least a week prior is highly recommend, moisturizer creates a barrier between your skin and the climate, including cold, dry air that can further dry out skin – ensuring your skin is subtle and not dry is super important to helping the tattoo process.

Exfoliate your skin

if your skin is noticeably dry, we recommend starting an exfoliation routine as soon as possible, you can purchase body wash which offers the benefit of exfoliation as well as using an exfoliation sponge or mittens, please be mindful to do this in a delicate way and to not damage your skin, its best to start as soon as possible as over time a gentle but committed approach will really boost your skins ability to absorb the ink and also benefit the look of your healed tattoo – meaning it will stay vibrant and look fresh for a much prolonged period of time.

Hydration station

another important stage to preparing your skin for the tattoo process is to make sure you are properly hydrated, if the outermost layer of the epidemies doesn't contain enough water, skin will lose elasticity and feel rough. So drink lots of water in the run up to your appointment / as soon as possible

Remove body hair

The area of skin being tattoo will need to be shaved of any body hair, it really helps your artist if you can do this in the shower the morning of your appointment, warm water helps to soften the body hair and prepare it for shaving, using non scented body wash or shaving gel will help the blade glide over the skin and leave a clean rash free finish, please be extra careful to avoid nicks and cuts

please don't apply anything to the skin post shave that may irritate it (perfumes / aftershave / scented body creams etc)

Don't get burnt or tanned

lather up your exposed skin at the area of which you intend on getting tattooed with SPF-50+ on sunny days. The last thing you want is to enter a session with a burned and sun-damaged epidermis. If you're already burned or excessively tanned, we will most likely have to reschedule your appointment and you risk losing your booking fee. Avoid tanning beds weeks prior to your tattoo. In addition to SPF-50+, be sure to wear UV-protective clothing if going on a vacation to a hot spot known for strong sun.

Eat and Drink

Please ensure to eat breakfast and drink plenty of fluids on the morning of your tattoo, although you may feel a little anxious and excited that your tattoo day is finally here, if you miss breakfast and come to your appointment on an empty stomach you risk making the experience uncomfortable; your energy levels will crash and your body will become exhausted this can result in feeling faint which will result in needing many breaks and poetically not completing your design in the allocated time and in some cases actually cause you to faint which will mean rescheduling your appointment.

Alcohol

Drinking before and after getting a tattoo is a no-no. Alcohol thins your blood, which means excess bleeding. When you bleed more than normal, it can cause visibility issues for the artist, potentially compromising the quality of the design and excess bleeding can also thin the ink, so please do not drink at least 48 hour prior and after your tattoo appointment

On the day of your appointment please wear comfortable loose clothing, make sure to bring some snacks, lunch and drinks – we do have a microwave and Kettle you're welcome to use as well as a coffee machine and chilled drinks – we will offer these to you but please feel welcome to ask anytime for a hot or cold drink or a break to stretch your legs or grab a snack. your welcome to bring a book or headphones for your phone or tablet to watch movies or listen to music.

we really appreciate you following the steps we have outlined to ensure you have the best experience at your appointment and consequently providing the best quality tattoo, if you would like any further info or advice about anything we have outlined please feel welcome to contact us with your questions anytime

thank you and we look forward to your appointment

the Wills team